



August, 2004

To: Principals and Athletic Directors/Coordinators

From: W. Scott Weyda

Re: Volleyball Coaches Clinic

The **Office for Schools, Child and Youth Ministry** along with the **Catholic Youth Athletic Advisory Board** are co-sponsoring a clinic for coaches serving in schools/parishes in the Archdiocese. The clinic will be held on **Wednesday, September 8**, at **St. Robert Parish Gymnasium, 2200 E. Capitol Dr., Shorewood**. The session will last approximately **3 hours, from 6:00 - 9:15 pm**. Certificates of attendance will be given to all participants upon completion.

Four major topics will be addressed at the clinic:

TACTICAL: Rules/Game Fundamentals & Strategy

TECHNICAL: Drills/Practice Organization

PHYSICAL: Fitness/Agility/Motor Skills

PSYCHOLOGICAL: Philosophy/Motivation

The presenters are qualified, experienced and knowledgeable in volleyball. They are:

Tom Ryan

Tom founded and directed Set and Spike Volleyball camp, and served as junior varsity and varsity coach at Wauwatosa High Schools. He coaches several AAU Junior Olympic teams, founded and directed the Wauwatosa Volleyball Club in 1989, and is the former director of Wisconsin AAU volleyball.

Maureen Bruss

Maureen has coached 6th, 7th, 8th grade girls volleyball. She is the head coach of freshman boy's volleyball at Wauwatosa East High School, and the head coach of the 15 year-old girls Lightning Volleyball club. Maureen also is certified to coach through the Badger Region.

There is a fee of \$10.00 per participant to attend the clinic. Please refer to the separate registration form for all the detailed information, and communicate word of this opportunity to your coaches as soon as you can.

The registration deadline is Thursday, September 2nd

**Volleyball Coaches Clinic
Information/Registration Form**

Program

- I. Psychological Aspects of Coaching Volleyball
- II. Physical Skills of Volleyball
- III. Technical Aspects of Volleyball
- IV. Tactical Elements of Volleyball

Certification

Participants who attend the clinic will receive a certificate of attendance worth 3 hours in the topic areas listed above.

Site, Date and Time

St. Robert Parish Gymnasium	Wednesday, September 8, 2004	
2200 E. Capitol Dr.	5:30 - 6:00 pm	Registration
Shorewood, WI 53211	6:00 - 9:15 pm	Clinic

Notes for Participants

- 1. Bring a notepad and pen
- 2. Wear proper attire for participation
- 3. Refreshments will be provided

**Registration Form – Volleyball Coaches Certification Clinic
St. Robert Parish, September 8, 2004**

Parish/School _____ City/Town _____
Name of Contact _____ Phone (Day) _____

Name(s) of coaches registering: (Please Print)

Check enclosed for _____ participants @ \$10.00 each = _____.

Please make checks payable to Archdiocese of Milwaukee. Return registration/payment to:

Mary Wittmann
Archbishop Cousins Center
P.O. Box 070912
Milwaukee, WI 53207

Email wittmannm@archmil.org or Fax 414-769-3408

Deadline for registration, September 2, 2004 (This form may be duplicated)